## Week 1

| Monday | Tuesday |  | Wednesday |  | day | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Homemade Vegetable Pizza Fresh homemade pizza served with diced potatoes and sweetcorn | Homemade Chicken Curry <br> Fresh chicken pieces cooked in a mild curry sauce. Or <br> Homemade Vegan Curry <br> Served on a bed of rice with Naan bread and broccoli |  | Roast Pork Dinner A freshly roasted loin of pork. Or Quorn Fillet Served with roast potatoes, carrots and gravy(v). | Local B <br> Quor Ser wholem diced $p$ sw | urger <br> hers Beef <br> er <br> Burger <br> in a <br> bun with <br> toes and <br> corn | Fish \& Chips <br> Oven baked breaded salmon fish fingers <br> Or <br> Vegetable Fingers <br> Served with chips and peas |
| KS2 extra option |  |  |  |  |  |  |
| BBQ Chicken Burrito | Bacon \& Pan | Cheese ini | Vegetable Soup with Bread Roll | Chic <br> Top | Tikka <br> Naan |  |
| Or |  |  |  |  |  |  |
| Jacket potatoesChoose from a variety of fillings - cheese, tuna mayo \& baked beans served with vegetables or salad |  |  |  |  |  |  |
| Or |  |  |  |  |  |  |
| Deli Bar - Available Everyday <br> Design your own sandwich, first choose your bread - wraps (large or small) or wholemeal batch, then choose up to two fillings from a selection of the following will be available daily - ham, cheese, tuna, marinated chicken, turkey, salami, egg and finally add as many salad options as you would like - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, hoummus, cous cous, beetroot, pasta and peppers. |  |  |  |  |  |  |
| And for dessert |  |  |  |  |  |  |
| Flapjack | Chocolat <br> Ca | Sponge k | Jammy Crumble Tray Bake |  | Buns | Chocolate Crunch |
| A selection of fresh fruit, Yogurt or Cheese \& Crackers are available everyday as an alternative to the daily dessert. |  |  |  |  |  |  |
| Week Commencing - | $\begin{aligned} & \text { 30/8/21 } \\ & 7 / 2 / 22 \end{aligned}$ | $\begin{aligned} & 27 / 9 / 21 \\ & 14 / 3 / 22 \end{aligned}$ | $\begin{aligned} & I / I I / 2 I \\ & 25 / 4 / 22 \end{aligned}$ | $\begin{aligned} & 29 / 11 / 21 \\ & 23 / 5 / 22 \end{aligned}$ | $\begin{aligned} & 10 / 1 / 21 \\ & 27 / 6 / 22 \end{aligned}$ |  |

## Week 2

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Mac \& Cheese <br> Cooked macaroni pasta oven baked in a homemade cheese sauce served with broccoli | BBQ Chicken Chicken breast smothered in BBQ sauce and topped with cheese Or BBQ Quorn Quorn fillet smothered in BBQ sauce and topped with cheese Served with rice and sweetcorn | Roast Turkey Dinner <br> A freshly roasted breast of turkey. Or Quorn Fillet Served with roast potatoes, carrots and gravy(v). | Homemade Sausage Roll <br> Seasoned minced pork with apple in a puff pastry case. Or <br> Homemade Veggie Roll <br> Sauteed vegetables in a puff pastry case Served with new potatoes and mixed vegetables | Fish \& Chips <br> Oven baked breaded salmon fish fingers Or Vegetable Fingers Served with chips and peas |
| KS2 Extra option |  |  |  |  |
| Fish Finger Butty | Meatball Sub | Vegetable Soup with Bread Roll | Cheese Panini |  |
| Or |  |  |  |  |
| Jacket potatoesChoose from a variety of fillings - cheese, tuna .mayo \& baked beans served with vegetables or salad |  |  |  |  |

## Or

## Deli Bar - Available Everyday

Design your own sandwich, first choose your bread - wraps (large or small) or wholemeal batch, then choose up to two fillings from a selection of the following will be available daily - ham, cheese, tuna, marinated chicken, turkey, salami, egg and finally add as many salad options as you would like - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, hoummus, cous cous, beetroot, pasta and peppers.

| And for dessert |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Shortbread | Lemon Drizzle Cake |  | Cake \& tard | Jelly |  | Iced Cake |
| A selection of fresh fruit, Yogurt or Cheese \& Crackers are available everyday as an alternative to the daily dessert. |  |  |  |  |  |  |
| Week Commencing - | $\begin{aligned} & \text { 6/9/2 I } \\ & 14 / 2 / 22 \end{aligned}$ | $\begin{aligned} & 4 / 10 / 21 \\ & 21 / 3 / 22 \end{aligned}$ | $\begin{aligned} & 8 / 11 / 21 \\ & 2 / 5 / 22 \end{aligned}$ | $\begin{aligned} & 6 / 12 / 21 \\ & 6 / 6 / 22 \end{aligned}$ | $\begin{aligned} & 17 / I / 22 \\ & 4 / 7 / 22 \end{aligned}$ |  |
|  |  |  |  |  |  |  |



Week 4

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Pasta Day <br> Pasta Spirals in a tomato and herb sauce <br> Or <br> Pasta Spirals in a creamy cheese sauce <br> served with Broccoli | Posh Hot Dogs <br> Fresh butchers sausages Or <br> Quorn Hot Dog served in a bun with potato wedges and sweetcorn | Roast Turkey Dinner <br> A freshly roasted breast of turkey. Or Quorn Fillet Served with roast potatoes, carrots and gravy(v). | Chilli Beef Nachos <br> Fresh minced beef cooked in a mild chilli sauce, with onions tomatoes and red kidney beans. Or <br> Veggie Chilli Nachos <br> As above but without the meat. <br> Served with mixed vegetables | Fish \& Chips <br> Oven baked breaded salmon fish fingers Or Vegetable Fingers served with chips and peas |
| KS2 Extra option |  |  |  |  |
| Fish Finger Butty | Chicken Quesadilla | Vegetable Soup with Bread Roll | Italian Chicken Panini |  |
| Or |  |  |  |  |
| Jacket potatoes <br> Choose from a variety of fillings - cheese, tuna mayo \& baked beans served with vegetables or salad |  |  |  |  |

## Or

## Deli Bar - Available Everyday

Design your own sandwich, first choose your bread - wraps (large or small) or wholemeal batch, then choose up to two fillings from a selection of the following will be available daily - ham, cheese, tuna, marinated chicken, turkey, salami, egg and finally add as many salad options as you would like - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce,
sweetcorn, coleslaw, hoummus, cous cous, beetroot, pasta and peppers.

| And for dessert |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Shortbread | Lemon Drizzle Cake | Ginger Cake and Custard |  | Jelly | Iced Cake |
| A selection of fresh fruit, Yogurt or Cheese \& Crackers are available everyday as an alternative to the daily dessert. |  |  |  |  |  |
| Week Commencing | $\begin{aligned} & \text { 20/9/21 } \\ & 7 / 3 / 22 \end{aligned}$ | $\begin{aligned} & 18 / 10 / 21 \\ & 4 / 4 / 22 \end{aligned}$ | $\begin{aligned} & 22 / 11 / 21 \\ & 16 / 5 / 22 \end{aligned}$ | $\begin{aligned} & 3 / 1 / 22 \\ & 20 / 6 / 22 \end{aligned}$ | 31/1/22 |
|  |  |  |  |  | 18/7/22 |

