

Primary Success Oct-Dec 2014

Autumn term 2 has been extremely busy. We had a great turn out for Sporthall Athletics where over 25 Primary Schools competing to represent Wirral at the Winter School Games in March. Congratulations to St Peters Heswall, Poulton Lancelyn and St Bridgets West Kirby who are the Wirral Representatives. We also had the Year 5 and 6 Basketball Competition held at Wirral Grammar School for Boys. Congratulation to St Peters Heswall, Poulton Lancelyn and Overchurch who will also represent Wirral in the Year 5 and 6 Basketball at the Winter School Games in March 2015. The Year 2 and 3 Everton Football Tournament has also ran despite the changing weather.

Primary Success Jan-FEB 2015

January saw the first Wirral Parallel Games held at Clare Mount Specialist Sports College. It is the first of four that will be hosted in Merseyside. Thank you to Egremont Primary, Orrets Meadow and New Brighton Primary for participating. It was a great afternoon of Table Tennis, Polybat, Seated Volleyball and Inclusive Zone Basketball. A Level 3 Wirral Team will be selected to participate in a Merseyside Parallel Games in the Summer term.

This year we have been able to offer to Key Steps Gymnastics competitions. This has been extremely well received and allowed a number of new schools to compete in a less pressured environment. Winners of the Performance Key Steps Event were The Priory, Overchurch Juniors A Team and St Bridgets A Team, who will represent Wirral in the Winter Games. Congratulations to everyone who also entered the Development Key Steps event Brackenwood Juniors, Overchurch Juniors, Our Lady St Edwards and Woodchurch Road Primary.

SECONDATY SUCCESS OCT-DEC 2014

Autumn term 2 saw competitions in Netball, Badminton, Table Tennis, Rugby and the ongoing fixtures for Basketball. Key stage 3 and 4 Table Tennis was held at Clare Mount Specialist Sports College. There was a great turn out with Woodchurch, Ridgeway and The Kingsway Academy qualifying in Key stage 3 and Woodchurch, Wirral Grammar Boys and South Wirral qualifying to represent Wirral key stage 4 in the Winter School Games.

Thank you to Oldershaw Academy for hosting the Badminton competition it was also very successful with Oldershaw, Calday and Wirral Boys qualifying to represent key stage 3 and 4 in the Boys Level 3 Finals. The Girls competition was also very competitive with Oldershaw, Weatherhead, Wirral Grammar Girls, Upton Hall and West Kirby Grammar competing. The competition was extremely fierce. In key stage 3 Upton A and B Teams and Wirral Grammar Girls both qualified and in Key stage 3 Wirral Grammar Girls, Upton A Team and West Kirby Grammar also qualified. We wish them all luck for the Level 3 Finals. Netball and Basketball fixtures are still on going, thank you to everyone who has given up there time to support these events.

SECONDARY SUCCESS JAN-FEB 2015

The Spring term has seen the start of The Lord and Lady Taverners Cricket season. This year we have offered two leagues for schools to participate in. Performance for those who wish to be considered for Level 3 selections and a development league for those who wish to compete for a first time. Congratulations to everyone who has participated in both The Lord and Lady events.

The Wirral Parallel Games was also held for Secondary Schools, thank you to Oldershaw, Mosslands, Woodchurch, The Kingsway Academy and South Wirral for participating. A Level 3 Wirral Team will be selected to participate in a Merseyside Parallel Games in the Summer term.

This term has also seen the Year 7, 8, 9 and 10 basketball fixtures played across the Borough. With Results coming in we hope to hold the final the first week in March. Thank you to all schools involved and good luck to those who qualify for the finals.

SUMMER COMPETITIONS

In the coming months we have Primary Events in Panathlon, Boccia and New Age Kurling, High 5 Netball, Mini Red Tennis, Quadkids and Cricket.

In the Secondary calendar we have Crash and bash cricket, Rounders, Girls cricket and Tennis. Look out for your invites that will be emailed to you in the coming weeks.











WITTAL PATALLEL GAMES

Wirral SGOs and Clare Mount Specialist Sports College The Projectability School hosted the first Merseyside Parallel Games. It was an afternoon focused around adapted competition for students with various Special Education Needs. Students from Egremont Primary, New Brighton Primary, Orrets Meadow, The Kingsway Academy, Woodchurch, South Wirral, Mosslands, Oldershaw and Clare Mount Students competed in Seated Volleyball, Table Tennis and Polybat and Inclusive Zone Basketball. This event will lead onto a Merseyside wide Level 3 competition.

All inclusive formats are available on The School Games website using the link https://www.yourschoolgames.com/about-the -games/inclusive-competition.

Should you require any further information on inclusive formats or staff training —Tops Sportability or Inclusive PE please contact Sarah the School Games Organiser on **s.green@claremount.wirral.sch.uk.**

REWATDS AND RECOGNITION

Do you Blog or Tweet? The School Games is rewarding schools for their continued support of the School Games. Its important that you log all of your Level 1 intra-school competitions as well as your Level 2 competitions. Each Term there is a specific focus that you can win Prizes around. Term 4 is focused on Competition in the Curriculum, it may be competition within year groups of classes during lesson. They want to know what you like about it, how you felt and what you are doing next time.

Blogging gives your students a voice to tell everyone across the country what they are doing in school. Blogging is a great cross-curricular link that can be used in school.

We would love to hear what more of our Wirral Schools are up to. A Blogging pack has been sent with this update.

Congratulations to **Well Lane Primary** who have won a Health and Wellbeing Competition pack for their blogging. Here are the competitions and there dates for the rest of the year.

in its	BLOG SPOTLIGHTS: 2014/2015 ACAD	EMIC YEAR
Sainsbulys	(30 Sept-24 Oct) Blog spotlight: Intra-school competition	
Sains GALLES	(3 Nov-12 Dec) Blog spotlight: Health and Wellbeing	
Sainsburg Sainsb	(5 Jan-13 Feb) Blog spotlight: Inclusion	
	(23 Feb-27 Mar) Blog spotlight: Competition in the curriculum	
	(13 April-22 May) Blog spotlight: Leadership	2
	(2 June–10 July) Blog spotlight: Reporting on your Sainsbury's School Games Day	
	Reporting on your Sainsbury's School Games Day	

Mark Awards

Its that time of year again the School Games Mark application will open on Wednesday 3rd June 2015 and will close on Wednesday 30th September 2015. Sessions will be held to assist with your application. Applying is simple and easy with the correct information. This years criteria is available on the School Games website. Last year on Wirral we achieved 17 Bronze Awards, 7 Silver Awards and 1 Gold Award. It would be great to see many more schools applying as we know how much time and effort you put into the School Games. Contact your School games Organiser for more information and use the School Games Website with the link <u>www.yourschoolgames.com/school-games-mark</u>. This years criteria is now available with many changes from last year.

NATIONAL SCHOOL SPOITS WEEK

As always we promise to bring you and exciting week of new sports, in National School Sports Week. This year it will run from the 22nd—26th June 2015. Here's a taster of some of the sports we may be offering

- Orienteering,
- Indoor Canoeing,
- Secondary SEN Tri Golf,
- Primary Beach Volleyball
- Secondary Beach Volleyball
- Diamond Cricket















Most schools will now have received a large yellow bag of equipment with a great resource pack. This bag allows you to run activities before, during and after school. This club does not have to be run by a Teacher or TA, the resources are designed for older students to run the activities. This is a great opportunity to put your Playground leaders to work.

Clubs should be aimed at year 3 or 4 students who don't engage in other sports such as football, dodge ball or hockey etc. The Change4Life clubs are designed to encourage students to become more active and develop themselves through personal challenges. Members of the club can set personal gaols that they can track in their logbooks. It my be that they want to do more steps in a day or record their healthy food swaps. The packs are also linked to the Spirit of the Games students are encourage to show determination, passion and the other values whilst at the club.

We would be grateful if you could fill in the survey that has been created online https://www.surveymonkey.com/s/86LGS32. This survey will update us on the current status of your club and any training requirements you may have. We aim to run twilight CPD sessions in the coming term to up skill staff in the running of clubs.

At the Festivals students will be able to experience new activities from all of the different areas. It may also be possible to loan other schools bags to try new focuses.

YOUT CHANGE4LIFE CLUB

We'd love to hear about your club. When does it happen? Who runs it? What bag do you currently have? What success have your students had? Why not write to us and tell us all about it? We want to share your student success with everyone. Change4life clubs are very important, it is the foundation of The Schools Games. Success and enjoyment in your clubs can inspire students to engage in other sports building confidence and enthusiasm for all sports and competition.

<u>Portland Primary</u> <u>Change4Life Club</u>

At Portland Primary we believe that Physical Education develops children's knowledge, skills and understanding, so they can perform with increasing competence and confidence in a range of physical activities. It promotes an understanding of their bodies and involves thinking, selecting and applying skills and developing positive attitudes towards a healthy lifestyle. At Portland we run a range of activities that promote a healthier lifestyle based around the change4life initiative designed to engage those less active children to participate in developing a healthier lifestyle. These clubs include a karate club, a keep fit club and a healthy eating club.

Our change4life karate club has proved very popular and is run by an experienced coach. We currently have 15 children on the register which is soon to increase. We have recently started official grading badges and have invested in new flooring with a view to holding competitions and displays in the near future. Keep Fit club is also open to all year groups in both Key Stages and runs each week for 30 minutes. This again has a large turn out, between 20-30 children per week, and many of these children do not participate in any other sporting activities.



Alongside these two popular change4life clubs we run a cookery club that promotes healthy eating. We try to encourage those children who are less active to participate and have family and cultural nights and sometimes days when parents are invited to help their children prepare healthy food and also to learn about changes in diet that make food healthier and often save money too! We have recently purchased portable cookers for both Key Stages so more children can take part in cooking activities both within the curriculum and as an after school activity.

We strongly believe that promoting a healthier lifestyle is essential for enabling today's children to make the correct choices towards living a healthy, active and happy life!











SPITIT OF THE GAMES



Respect ...

For the referee, for the opposition, for your team mates, for yourself and for The Game. Accepting victory and defeat with grace, treating others politely and with understanding. Respect every day, in every sport and for everyone.

Honesty ...

With others and with yourself. Have the courage to do the right thing and what you know is right. Let the best person win not the best cheat!

Team work

Treating everyone equally, supporting each other and working together to have fun and achieve. Celebrate each other's success and be a positive team player.

Determination

Keep going no matter what. Determination is about the journey you go on to push yourself and achieve your dreams. Have the mental strength and the self discipline to overcome obstacles, commit to your goals and keep working every day to become the very best you can be. Don't hold back!

Passion

Giving it 100%, putting your heart and soul into the game and never giving up. Passion makes you enter the race and passion makes you finish it.

Self Belief ...

You've got to believe to achieve. Have the self belief and confidence to succeed and reach your personal best.





Hi my name is Jigstar I'm the Merseyside School Games Mascot, I was created by a Liverpool student last year. I loves coming to visit competitions and cheering everyone on. I believe in the Spirit of the Games, I thinks there super important when you're competing. They make competing more fun

I'd like to come and visit you at a competition but I'm finding it very difficult deciding which event to come to. Could you help me by tweeting me @Jigstar_MSG telling me why you think I should come to an event your school is participating in? I really like reading Blogs they tell me all about your competitions, I'll be checking them after competitions so get Blogging please.

See you soon

JIGSTAR

Joanne Newman – jnewman@bebingtonhigh.wirral.sch.uk Carys Lanceley – lanceleyc@uabirkenhead.org Sarah Green – s.green@claremount.wirral.sch.uk









