



Monday	Tuesday	Wednesday	Thursday	Friday	
Homemade Vegetable Pizza Fresh homemade pizza served with diced potatoes and sweetcorn	Homemade Chicken Curry Fresh chicken pieces cooked in a mild curry sauce. Or Homemade Vegan Curry Served on a bed of rice with Naan bread and broccoli	<b>Roast Pork Dinner</b> A freshly roasted loin of pork. Or <b>Quorn Fillet</b> Served with roast potatoes, carrots and gravy(v).	<b>Beef Burger</b> Local Butchers Beef Burger Or <b>Quorn Burger</b> Served in a wholemeal bun with diced potatoes and sweetcorn	<b>Fish &amp; Chips</b> Oven baked breaded salmon fish fingers Or <b>Vegetable Fingers</b> Served with chips and peas	
		KS2 extra option			
BBQ Chicken Burrito	Bacon & Cheese Panini	Vegetable Soup with Bread Roll	Chicken Tikka Topped Naan		
		Or			
Choose from	n a variety of fillings - che	<b>Jacket potatoes</b> ese, tuna mayo & baked	beans served with vegeta	bles or salad	
		Or			
fillings from a selection	vich, first choose your by of the following will be a ny salad options as you v	available daily – ham, che	nall) or wholemeal batch, ese, tuna, marinated chicl cucumber, cherry tomat	ken, turkey, salami, egg	
And for dessert					
Flapjack	Chocolate Sponge Cake	Jammy Crumble Tray Bake	Iced Buns	Chocolate Crunch	
A selection of fresh	fruit, Yogurt or Cheese 8	& Crackers are available e	everyday as an alternative	e to the daily dessert.	
Week Commencing	- 5/9/22 3/10/22 6/2/23 13/3/23		5/12/22 9/1/23 22/5/23 26/6/23		



## Week 2



SBS				SBS	
Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Mac &amp; Cheese</b> Cooked macaroni pasta oven baked in a homemade cheese sauce served with broccoli	BBQ Chicken Chicken breast smothered in BBQ sauce and topped with cheese Or BBQ Quorn Quorn fillet smothered in BBQ sauce and topped with cheese Served with rice and sweetcorn	Roast Turkey Dinner A freshly roasted breast of turkey. Or Quorn Fillet Served with roast potatoes, carrots and gravy(v).	Homemade Sausage Roll Seasoned minced pork with apple in a puff pastry case. Or Homemade Veggie Roll Sauteed vegetables in a puff pastry case Served with new potatoes and mixed vegetables	<b>Fish &amp; Chips</b> Oven baked breaded salmon fish fingers Or <b>Vegetable Fingers</b> Served with chips and peas	
		KS2 Extra option			
Fish Finger Butty	Meatball Sub	Vegetable Soup with Bread Roll	Cheese Panini		
	I	Or			
<i>Jacket potatoes</i> Choose from a variety of fillings - cheese, tuna .mayo & baked beans served with vegetables or salad					
		Or			
Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps (large or small) or wholemeal batch, then choose up to two fillings from a selection of the following will be available daily – ham, cheese, tuna, marinated chicken, turkey, salami, egg and finally add as many salad options as you would like – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, hoummus, cous cous, beetroot, pasta and peppers.					
And for dessert					
Shortbread	Lemon Drizzle Cake	Ginger Cake & Custard	Jelly	Iced Cake	
A selection of fresh fruit, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.					
Week Commencing		/10/22 14/11/22 /3/23 1/5/23	12/12/22 16/1/2 5/6/23 3/7/23	3	



## Week 3



SBS					
Monday	Tuesday	Wednesday	Thursday	Friday	
Homemade Cheese & Tomato Pizza Fresh homemade pizza served with diced potatoes and sweetcorn	<b>Breaded Chicken</b> Farm assured chicken coated in breadcrumbs. Or <b>Spicy Bean Burger</b> Served with new potatoes and carrots	Roast Gammon Dinner A freshly roasted joint of gammon. Or Quorn Fillet Served with roast potatoes, broccoli and gravy(v).	Pasta Bolognaise Fresh minced beef cooked with onions, garlic, mushrooms, tomatoes and herbs. Or Vegetarian Bolognaise Roasted vegetables cooked in a tomato and herb sauce. Served on a bed of pasta and mixed vegetables	<b>Fish &amp; Chips</b> Oven baked breaded salmon fish fingers Or <b>Vegetable Fingers</b> served with chips and peas	
		KS2 Extra Option			
Mexican Chicken Burrito	Cheese & Tomato Panini	Vegetable Soup with Bread Roll	Chicken Tikka Topped Naan		
	I	Or		<u> </u>	
<i>Jacket potatoes</i> Choose from a variety of fillings - cheese, tuna mayo & baked beans served with vegetables or salad					
		Or			
Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps (large or small) or wholemeal batch, then choose up to two fillings from a selection of the following will be available daily – ham, cheese, tuna, marinated chicken, turkey, salami, egg and finally add as many salad options as you would like – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, hoummus, cous cous, beetroot, pasta and peppers.					
And for dessert					
Flapjack	Chocolate Sponge Cake	Jammy Crumble Tray Bake	Iced Buns	Chocolate Crunch	
A selection of fresh	fruit, Yogurt or Cheese &	& Crackers are available e	everyday as an alternative	to the daily dessert.	
Week Commencing		17/10/22 21/11/2 27/3/23 8/5/23	2  9/ 2/22  2/6/23	23/1/23 10/7/23	



## Week 4



				SBS
Monday	Tuesday	Wednesday	Thursday	Friday
<b>Pasta Day</b> Pasta Spirals in a tomato and herb sauce Or Pasta Spirals in a creamy cheese sauce served with Broccoli	<b>Posh Hot Dogs</b> Fresh butchers sausages Or <b>Quorn Hot Dog</b> served in a bun with potato wedges and sweetcorn	Roast Turkey Dinner A freshly roasted breast of turkey. Or Quorn Fillet Served with roast potatoes, carrots and gravy(v).	Chilli Beef Nachos Fresh minced beef cooked in a mild chilli sauce, with onions tomatoes and red kidney beans. Or Veggie Chilli Nachos As above but without the meat. Served with mixed vegetables	<b>Fish &amp; Chips</b> Oven baked breaded salmon fish fingers Or <b>Vegetable Fingers</b> served with chips and peas
		KS2 Extra option		
Fish Finger Butty	Chicken Quesadilla	Vegetable Soup with Bread Roll	Italian Chicken Panini	
		Or	I	
Choose fror	n a variety of fillings - che	<b>Jacket potatoes</b> ese, tuna mayo & baked	beans served with veget	ables or salad
		Or		
fillings from a selection	vich, first choose your bu of the following will be a ny salad options as you v	available daily – ham, che	nall) or wholemeal batch ese, tuna, marinated chio , cucumber, cherry toma	ken, turkey, salami, egg toes, iceberg lettuce,
And for dessert				
Shortbread	Lemon Drizzle Cake	Ginger Cake and Custard	Jelly	Iced Cake
A selection of fresh fruit, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
Week Commencing	- 26/9/22	31/10/22 2	8/11/22 2/1/23	30/1/23