

## For weeks beginning 11<sup>th</sup> May and 18<sup>th</sup> May

### Theme Healthy Living

#### Example discover and do activities

- Make a fruit kebab or fruit salad.
- Learn about ways to keep our body healthy and why these things are important.
- Make an obstacle course and get your family to complete it.
- Set a family fitness class – 5 different exercises a day!
- Make a healthy sandwich.
- Make your family smile everyday – think of our acts of kindness.
- Draw a heart – how can you fill it with love?
- Have fun and do things you may not always do- make a den, make a dance and show your family, tell a joke, learn something new.
- If the weather is nice get lots of fresh air by playing in your garden!

Please do not forget that the children are still very young and these activities should be done little and often.

Daily story time for you and your child is important. Quality time reading to your child for them to continue to build a love for stories and reading for pleasure is vital at their age.

#### Example writing for purposes linked to theme

- Design a poster for keeping healthy.
- Write a healthy eating shopping list.
- Design a healthy daily meal plan.
- Instruction writing for brushing teeth and washing our hands.
- Draw 2 teeth – one clean and one not clean – write what is good or bad for our teeth around them.
- Children should also be encouraged to continue to write about their own interests.

## **Daily set up for phonics sessions**

- Choose a sound to focus on, look at the last sound your child was taught in school and work your way through the list.
- We recommend one or two sounds a week and focus on mastering those sounds before racing on.
- Recognition of the sound and rhyme. (Video links of all sounds are on the school website)
- Read words and sentences with this sound.
- Speed write the new sound lots of times repeating and over.
- Speed write 2 previous sounds over and over.
- Write at least 3 words including this new sound. Write each word at least 3 times.
- Write a caption or sentence including grotty words and a word with this new sound.

**In most cases the teacher is now just verbally saying the sound, words or sentences and the children are holding them in their head and writing them independently**

## Consolidating numbers to 20. Week commencing 11<sup>th</sup> May and 18<sup>th</sup>

### May

- Watch the Big Numbers Song on you tube- Sing along.
- Accurate counting of amounts 1-20. Counting amounts out from a larger set.
- Make number flashcards 1-20- randomly flash and children to say.
- Order flashcards 1-20. Ask questions about random numbers- can the children discuss what they know about that number. EG number 11. Where does it sit on the number line? Is it an odd or even? What are the number bonds to 11?
- If you have weighing scales can the children weigh 2 amounts- discussing heavier or lighter. Can they look at the numbers on the scales, can they recognise the numerals? What do they notice?
- Capacity. Experiment with cups, jugs and bowls. Can you fill the items with fluids? Language to encourage- full, nearly full half full, half empty, nearly empty and empty. Can you record your findings in your journal and label?
- Number problems with your dice- roll the dice subitise the number, roll again add the amounts together. Can you journal using a variety of methods covered in previous weeks.
- The one more one less game- Say a number to your child can they write the number that is one more or less.
- Use a number line to complete subtraction problems- Can you draw a number line and count back to find the answer. Journal your thinking.
- Choose a number 1-20 how many different ways can you represent this number? For example- If you have your own number table at home, what items would you put on it. EG the number 9? 3 triangles, 9 counters, 9 cups, 9 sweets etc.